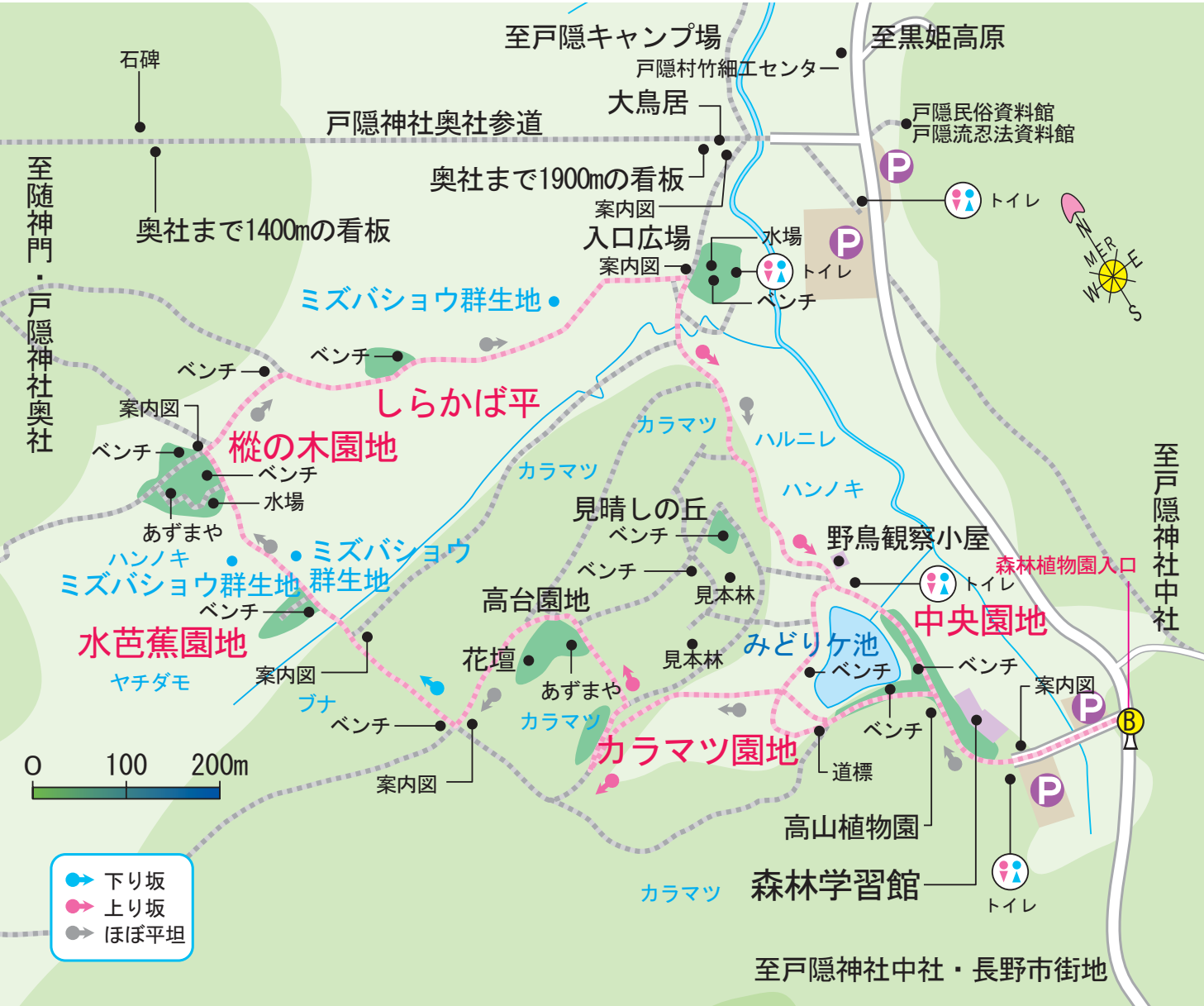❺ 戸隠森林植物園コース(長野市)